

# Mental Health Champion

- Reports directly to the Ministry Leader
- Responsible for gathering useful teaching material on mental health
- Shares gathered materials with Celebrate Recovery leadership
- Works with Ministry Leader to customize the Suicide Protocol to align with the care pastor and the local church
- Stays familiar with local mental health resources
- Gathers information for leaders, creating a referral list for distribution to the individual when the need arises
- Keeps the information current
- Works with “T” coach to develop Sponsors familiar with the proper implementation of the Mental Health Agreement

## **CHARACTERISTICS OF A MENTAL HEALTH CHAMPION**

- Gifts: Wisdom, insight, creative communication, mercy, teaching
- Personality: Compassionate, confident, self-assured, teachable, committed, outgoing, good communicator, good listener
- Knowledge and Skills: Spiritually mature, able to discern biblical truth, understands and fully involved in recovery, general working knowledge of the mental health field, able to learn quickly, able to be comfortable in unfamiliar situations.